

ACCREDITED BY SNRO AND CPION ACCORDING TO PLATO REQUIREMENTS WITH 40 EC  
DURATION: 1 YEAR  
TUITION FEE: € 2.300,-

# Foundations of Western Medicine

This intensive training in Western medicine is designed for anyone who is studying physically based complementary medicine in order to gain knowledge in anatomy, physiology and pathology at a professional level.

In addition to anatomy and pathology, the curriculum also includes topics such as medical ethics, health law, pharmacology and psychosocial topics which are in line with modern medical practice.

The education is characterised by a lively, interactive teaching method. After presenting the theory, work is done in subgroups to consolidate the curriculum. Students give presentations on a chosen subject and they practise with diagnostic skills.

The curriculum is set up according to the PLATO standards, drawn up by Dutch health insurers. These standards are regularly updated to stay in line with the requirements of the professional situation. This programme is accredited by SNRO and CPION.

## SUBJECTS

- Medical ethics and the Dutch health care system
- Basics: Cytology, Embryology and Body tissues
- Integumentary system; skin
- Skeleton & Muscles
- Blood & Immunity
- Heart & Blood vessels
- Lungs & Respiration
- Digestive system
- Urinary tract
- Nervous system
- Endocrine system & Hormones
- Female and male genital systems, breast diseases, sexually transmitted diseases
- Nutrition, metabolism & temperature regulation
- Infectious and parasitic diseases
- Anamnesis, inspection and physical examination
- Applied psychology
- Psychopathology
- S.O.L.K.
- Psychopharmaceuticals
- Medical and psychosocial signals, 'red flags'

## PRELIMINARY SCHEDULE 2025-2026\*

### 2025

- September 12+13
- October 3+4; 31
- November 1; 28+29
- December 19+20

### 2026

- January 16+17 (Midterm Exam)
- February 13+14
- March 13+14
- April 10+11
- May 8+9; 29+30 (Psych)
- June 12 (possibly 13) (Psych)
- July Final Exam



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\* Schedules are subject to change. Shenzhen reserves the right to modify the schedule at all times.