

2016

2nd

Manchester ~ July 24th

International TCM Conference

Chinese Medicine & Cancer

Fees: £100 (Students £60)

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Co-presented by:



Nanjing University of Chinese Medicine
ALUMNI ASSOCIATION EUROPE



南京中医药大学校友会
Nanjing University of Chinese Medicine
Alumni Association

Guest Speakers:

Ruanjin Zhao (USA) | Wanzhu Hou (USA)

Henry McGrath (UK) | Beverley de Valois (UK)

Deyuan Wang (AUS) | Wei Xu (CH) | Shulan Tang (UK)

Including:

Morning Qigong Exercise for Preventing and
Treating Cancer (Guo Lin New Qigong)
with Master Yuhong Xie (UK)



Shulan College
of Chinese Medicine



Our Speakers

Wake Up the Shen to Treat Cancer

This talk will be focus on the detail explaining the background and basement of the new cancer theory. Based on this analogue and theory, the new target principle is set up, that is to control the terminator and recall our body's guards/immune system. To wake up Shen and strength the central government, to make sure all critical departments could be hold intact and secure the life continue going. Acupuncture points selection and herbal medicine selection all are based on this new theory.



Dr. Ruanjun Zhao PhD (USA)

Dr. Ruan Jin Zhao has practiced TCM over 30 years. Right now he practiced TCM in The Center for Traditional Chinese Medicine in Sarasota, Florida, with a very high successful clinical outcome and reputation. He graduated from Beijing University of Traditional Chinese Medicine and Pharmacology with Ph.D. in TCM and Cellular Biology. He has published many research articles and author the book of <<From Legend to Science>>. He is an affiliated member of H.Lee Moffitt Cancer Center. Dr. Zhao has engaged himself in Integrative cancer research and practice for many years. Especially he has developed some unique acu-point selection and needling techniques which greatly improve the clinical outcome.

Cancer Immunotherapy: The Past, Present and Future

The recent advances in cancer immunotherapy have witnessed a paradigm shift in the way of cancer being treated: namely, therapies that harness the immune system to provide durable and adaptable cancer control. I will discuss the exciting development in the area of cancer immunotherapy, and provide the rational of combination therapy to improve patient's lives.



Dr. Wei Xu, MD, PhD. (CE)

Dr. Wei Xu is currently a senior scientist at the Roche Innovation Center in Zurich (Hoffmann-La Roche), leading several drug discovery programs in cancer immunotherapies. He received a Bachelor's degree of Medicine at Nanjing University of Chinese Medicine in 1999, and later a PhD in immunology at Leiden University in the Netherlands in 2007.

Our Speakers

Using daily self-administered moxa on Zusanli ST-36 to improve outcomes for chemotherapy patients: a feasibility study

Moxibustion on ST-36 has been used for centuries to improve immunity and overall health. Recent studies suggest that daily application can improve outcomes for cancer patients undergoing chemotherapy. In the West, moxibustion is a much neglected and little understood aspect of acupuncture treatment. Consequently, there are challenges facing its use in mainstream healthcare in the UK.

In this talk, Dr de Valois discusses the challenges of setting up a research study investigating the use of moxibustion for chemotherapy patients in the NHS. This research is funded by the British Acupuncture Council.



Beverley de Valois PhD LicAc FBacC (UK)

Beverley de Valois is a Research Acupuncturist at the Lynda Jackson Macmillan Centre, a cancer-information and drop-in centre at Mount Vernon Cancer Centre, Northwood, Middlesex. She has a specialist interest in using acupuncture to improve wellbeing and quality of life for cancer survivors. Research projects include using acupuncture to manage: breast cancer treatment related hot flushes (her PhD thesis); cancer-treatment-related upper body lymphoedema (funded by the National Institute of Health Research (NIHR)); cancer and non-cancer related lower limb lymphoedema; wellbeing for prostate cancer survivors. Current projects include research into using moxa to improve outcomes for chemotherapy patients (funded by the British Acupuncture Council) and working with colorectal cancer survivors at Barnet Hospital. She is currently writing a book about acupuncture and cancer survivorship. She is a Fellow of the British Acupuncture Council, and Honorary Research Fellow at the University of Bristol.

Our Speakers

Psychoneuroimmunology, Aboriginal Medicine and Chinese Medicine - A Holistic Approach for Cancer Patients

The current medical model is pharmaceutical oriented, which paid little attention towards the social, and behavior aspects of human beings. Surgical, Chemo and Radiation cannot address the underlying causes of most cancers. While Immunotherapy has gained enough attention in the medical and pharmaceutical industries, it does little work towards the wellness of the mind.

With its contemporary interpretation of Psychoneuroimmunology, traditional Chinese medicine may offer a unique opportunity for cancer patients to heal at the body-mind-spirit level. Traditional Chinese medicine must be practiced in a classic way that matches the theory and practice framework of Psychoneuroimmunology. Australia Aboriginal medicine can be a great treasure in adding value to the broad spectrum of Chinese herbal pharmacopeia.

In this presentation, Dr. Wang shares his rich clinical experiences about how Chinese medicine practiced at social-behaviour-biological level in a holistic manner. Such style of practice may meet the need of ever increasing degenerative conditions such as cancer, cardiovascular diseases and diabetes etc.

Dr David Wang MD MHealthSci (AUS)



Dr. David Wang is a registered Chinese medical practitioner in Australia with three decades of clinical practice experiences both in China and Australia. Dr. Wang has also contributed to the curriculum development and teaching of TCM courses at RMIT University and Victoria University for 16 years where he trained several hundred TCM practitioners in the Pacific region.

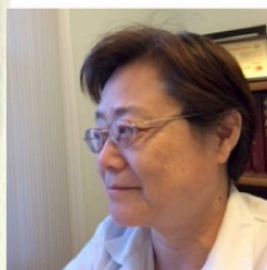
Dr. Wang is holistic TCM practitioner where he blends ancient TCM classics with modern scientific discoveries. Dr. Wang is also an open-minded learner who spends a decade of time and endless effort to absorb and interpret the rich content of Psychoneuroimmunology into meaningful TCM clinical guidance. He has quietly studied Australian aboriginal bush medicine for 12 years.

Dr. Wang is an active societal health and wellness advocate in Australia where he has delivered many public lectures all over the country. In recognize his extraordinary contribution to the community and Australia, a **Certificate of Recognition** was awarded to him by the Hon John Howard MP, Prime Minister of Australia in 2001.

Our Speakers

How does Chinese medicine treat cancer? - exploring a bridge between Chinese medicine and Conventional medicine.

How Chinese medicine through Bianzheng Shizhi to achieve the goal of treating cancer? In which links Chinese medicine plays a role? The treatment process can be verified by conventional medicine? The treatment method has pattern to follow up? Wanzhu Hou leads the team is now researching and explaining "How Chinese Medicine Treats Cancer". Hope to build the medical bridge better than ever.



Dr. Wanzhu Hou (USA)

Wanzhu Hou received both Chinese and Western medical training before attending to Nanjing University of TCM for her master degree. Then she followed many famous TCM doctors in performing Chinese medicine, but also works in emergency room and ICU with integrative medicine, too. Therefore, she has more chance to research and treating different diseases to uncover the common pattern between different disease in Chinese medical theory as well as in fundamental theories of Chinese and conventional medicine.

TCM and Naturopathic approaches to Cancer

Modern research is showing that many natural approaches to cancer can be effective. Many cancer patients are asking us about them. How can TCM understand these approaches? How can TCM practitioners use these approaches with their cancer patients?



Henry McGrath (UK)

Henry has been practising natural medicine for over twenty years, and holds diplomas in Chinese herbal medicine, acupuncture, naturopathy and shiatsu. He runs a busy practice in Bristol, and specialises in working with people who have cancer. He is currently studying Gerson Therapy, a Naturopathic approach to cancer, pioneered by Dr Max Gerson in the 1940s. He is the author of several books, including: "TCM Approaches to Cancer". He has lectured in acupuncture since 2000, and was until recently the Course Director for the Acupuncture Programme at the College of Naturopathic Medicine, before resigning the post to focus on his clinical work.

Our Speakers

Prostate Cancer & TCM

Prostate cancer is the most common cancer in Europe for males, and the third most common cancer overall, with over 40,000 new cases diagnosed each year in the UK alone.

Within the field of TCM (Traditional Chinese Medicine), the prostate is considered as an extraordinary Fu organ, and is a gland that produces fluid that carries the sperm for the male. Its function is closely related to the Kidney and Bladder, and needs to flow smoothly rather than be tonified. In order for the prostate to flow smoothly, the Kidney qi has to be sufficient and support the prostate's function. The Bladder has to also function properly in order to prevent stagnation within the prostate. Consequently, the age and quality of Kidney qi, lifestyle, and diet can all have an effect on the prostate's function.

Through over 25 years of clinical experience in TCM clinics throughout the UK, Prof. Shulan Tang has treated many cases of prostate cancer with Chinese Herbal Medicine alongside conventional Western medicine treatment with satisfying results in symptom relief, improved quality of life, and prolonged life of patients.

In this talk, Prof. Shulan Tang will discuss the differentiation, treatment protocols, and Chinese herbal prescriptions to treat prostate cancer, and will also discuss elements of diet and lifestyle choices to treat and prevent prostate cancer.



Prof. Shulan Tang (UK)

Professor Shulan Tang graduated from Nanjing TCM University in 1984 and gained her Master's degree in TCM prescriptions from Beijing TCM University in 1987. She came to the UK in 1991. Since then she has been practicing and teaching TCM in the UK and Europe. She received her professorship in 2002 from Nanjing TCM University.

Currently, Prof. Tang is the president of the Nanjing University of Chinese Medicine Alumni Association (Europe), council member of the ATCM, and vice president of the World Federation of TCM Gynaecology Committee. Prof. Tang also maintains a full time practice in Manchester and is principal of the Shulan College of Chinese Medicine.

Qi Gong

Guo Lin Qigong - Treating Cancer

Qigong is a precious cultural heritage of the Chinese people. New Qigong Therapy was created on the basis of Hua Tuo's Five-Animal Frolics, among the different Qigong schools, "Guolin New Qigong" is "anti-cancer fitness exercise", it has saved countless cancer patients.



Master Yuhong Xie (UK)

From the age of 10 Master Xie has practiced Chinese Martial Arts including Taiji and Qigong. Master Yuhong Xie, graduated from Nanjing University of Chinese Medicine in 1990 and practised Chinese Medicine in General Hospitals for five years. In 1998, after completing his Master's Degree in Medicine, he worked as a lecturer and consultant at Nanjing University of TCM where he was appointed associate professor in 2002.

In 2005, Master Xie completed his PHD and was awarded a Doctorate Degree in Medicine in the field of Acupuncture and Qigong Tui Na by the Nanjing University of TCM, China. Dr Xie, has been practicing TCM in the London and Bristol areas since 2004. In 2006 Master Xie and his family moved to Llandudno, Wales where he specialises in Acupuncture Therapy for pain management. He also has an interest in treating gynaecological disorders with Chinese Medicine such as infertility and PCOS.

Master Xie is currently engaged in research for the treatment of diabetes with Chinese Medicine. Master Yuhong Xie, will take the student through all the progressive stages of Qigong enabling the student to reach the necessary level in which to teach Qigong.

Our Team

Conference Chair



Shulan Tang

Academic Board



Weixiang Wang



Tianjun Wang



Peilin Sun



Mei Lu



Biqing Shen

Administration Team



Renxiang Ding



Yuhong Xie



Wei Xu



Rob Aspell

The Venue

The Christie opened in 1901 and is now one of Europe's leading cancer centres and the largest single-site centre in Europe. For over 100 years The Christie has played a crucial role in the advancement of cancer treatment and care. It started using X-rays for therapy in 1901 and developed the "Manchester Method" of radium treatment in 1932. Innovations and breakthroughs have never stopped at The Christie. In 2009, the specialist cancer centre undertook the first trials in Europe for pioneering radio immunotherapy cancer treatment.

Today, The Christie has an annual turnover of £230 million, operating with 2,500 staff, 300 volunteers, 30,000 public members and one of the largest hospital charities in the UK. It is part of the Manchester Cancer Research Centre working with The University of Manchester and Cancer Research UK and is one of seven partners in the Manchester Academic Health Science Research Centre. The Christie School of Oncology, the first of its kind in the UK, was established to provide undergraduate education, clinical professional and medical education.

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Education Centre (Department 17 on 2nd floor)
The Christie NHS Foundation Trust
Wilmslow Road
Manchester
M20 4BX
United Kingdom



arriving on car
<http://www.christie.nhs.uk/patients-and-visitors/visiting-the-christie/directions-and-transport/arriving-by-car/>

Education Centre (Department 17)
NB: Only the main entrance on Oak Road opens on Sundays
<http://www.christie.nhs.uk/media/3306/map.pdf>

car parking
<http://www.christie.nhs.uk/patients-and-visitors/visiting-the-christie/car-parking/parking-information/>

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